**I. Capstone Project – Introduce 10%**

* Develop Inquiry Question
* APA Writing
* Presentation Skills (Oral and Visual)
* Portfolio – MyBlueprint
* Capstone

**II. Career Life Development - 20%**

* Mentorship
* Self-Care Plan
* Preferred Ways of Knowing
  + Interests, Values & Cultural
* Competencies
  + Transferable Skills
  + Leadership
  + Employability Skills
* Reflections & Self-Assessment
* Workplace Safety
* Social Media

**III. Connection to Community - 30%**

* Inclusive Practices
  + Diverse Perspectives
* Personal Networking
* Employment Marketing
  + Resume
  + Job Applications
  + Thank you Notes
  + Interview Skills
  + BC Employment Standards
* Making a Better World

*Must complete 15 hours in either volunteering, work, athletics, or travel based on your career and passion*

**IV. Career Life Planning - 40%**

* Goal Setting
* My Blueprint Portfolio Items uploaded
* Career-Life Developmental Research 4 – Oral Presentations
* Financial Planning
* Graduation Requirements
  + Counselling Team

http://ltss-cel10.weebly.com/

***Career Life Developmental Research***

\*Includes Personal, Environmental and Land Factors

*Career Exploration, 17 Career Areas:*

* Agriculture, Food and Natural Resources
* Arts and Entertainment
* Business, Management and Administration
* Education
* Energy Sector
* Finance
* Government and Public Administration
* Health Science
* Hospitality and Tourism
* Human Services
* Information and Communication Technology
* Law, Public Safety, Corrections and Security
* Manufacturing
* Marketing
* Science, Technology, Engineering and Mathematics
* Transportation, Distribution and Logistics
* Trades (Red Seal and Non)
* Women
* Aboriginal
* Industry Training Authority (ITA)

***Post-Secondary Applications Process***

* Educational Planner
* Choose your program and campus

***Scholarships and Bursaries***

* Introduce and Researching Available Scholarships
* Scholarship Resume

***Financial***

* *Budgeting*
* *Savings*
* *Credit*