**Name:**

**Identity Check Sheet**

***Circle or Highlight the words you use to describe yourself***

**How I look – My appearance**

Tall Trendy Short hair

Short Conservation long hair

Big Causal Good

Small Cool Athletic

Happy Neat Cute

Healthy Strong Interesting

**How I act – My personality**

Friendly Outgoing helpful

Honest Considerable Fair

Generous Calm Caring

Trusting Understanding Brave

Responsible Respectful Sensitive

Assertive Funny Independent

Kind Intelligent Dependable

Organized Thoughtful Positive

**Things I do well – My abilities**

Organize people Work with children Play instrument

Organize things Clean a house Perform by singing

Create new ideas Help people Perform dancing

Create with words Serve people Grow plants

Create with pictures Work with motors Work with animals

Create with wood Work with tools Physically strong

Create with metal Repair machines Use hands well

Work with food Sell things Compete physically