**Name:**

**Identity Check Sheet**

***Circle or Highlight the words you use to describe yourself***

**How I look – My appearance**

 Tall Trendy Short hair

 Short Conservation long hair

 Big Causal Good

 Small Cool Athletic

 Happy Neat Cute

 Healthy Strong Interesting

**How I act – My personality**

 Friendly Outgoing helpful

 Honest Considerable Fair

 Generous Calm Caring

 Trusting Understanding Brave

 Responsible Respectful Sensitive

 Assertive Funny Independent

 Kind Intelligent Dependable

 Organized Thoughtful Positive

**Things I do well – My abilities**

 Organize people Work with children Play instrument

 Organize things Clean a house Perform by singing

 Create new ideas Help people Perform dancing

 Create with words Serve people Grow plants

 Create with pictures Work with motors Work with animals

 Create with wood Work with tools Physically strong

 Create with metal Repair machines Use hands well

 Work with food Sell things Compete physically